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BOOK REVIEW

Joseph McMoneagle. *MIND TREK*, second edition, Hampton Roads.

Reviewed by Frank DeMarco, HRPC Chairman

The internal resonance between all portions of the universal hologram is the foundation of such paranormal skills as remote viewing. Joseph McMoneagle is preeminent in that field. The following book review is reprinted by permission of Hampton Roads Publishing Company from the June issue of their newsletter Insights.

Bob Friedman and I first knew Joe McMoneagle as Bob Monroe's son-inlaw and as the man who delivered a popular talk on remote viewing during The Monroe Institute's week-long *GATEWAY VOYAGE*® program. I was proud to edit, and we were proud to publish, *Mind Trek*, his first book, in 1993. Even then he was known, to those who follow such things, as a worldclass remote viewer.

Since the publication of *Mind Trek*, much has happened. Joe has been featured on ABC's *Put to the Test* program (where he blew away his testers—on camera—by correctly sketching the target location chosen at random from the pool of locations and visited by a person he had never met). More importantly, he received widespread attention in articles in Time and Newsweek, on the Nightline TV program, and elsewhere, by being willing to talk about project Star-gate, the top-secret military remote-viewing program for which he worked from its inception. Joe was, in fact, the very first remote viewer selected for the project, and remained active for twenty years.

For this revised and expanded edition of *Mind Trek*, Joe added a chapter on his Stargate experiences, including information that became declassified (and therefore available for use) only after publication of the first edition. This includes a point-by-point analysis of how scientists were deliberately misled by the intelligence community to think that remote viewing did not work.

A brief quote may give you a sense of the strong-minded and levelheaded approach that gives this book such wide appeal. "By its very nature, belief in the paranormal requires a direct alteration to how one feels or thinks about reality, how it might be constructed, or how it might operate. It takes a strong and rational person to walk this middle line—to retain a healthy skepticism, and yet be open enough to the possibilities. It takes a person who is fearless and open- minded, but not a fool. A very rare animal these days."

For those who don't remember our previous discussion of this important book, *Mind Trek* is an unusual combination not only of theoretical discussion and practical experience, but also of how-to instructions. I don't mean that you will necessarily learn how to do remote viewing by reading the book, but it does tell you how to discover and develop your abilities along those lines. (The ninth of his nine rules, by the way, is "Don't cheat!") He gives you the direction. Then it's up to your own interest, perseverance, and innate ability.

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